

# WEEKLY WORSHIP GUIDE

Ephesians 6:14a--July 9th, 2023



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## **Sermon Recap:**

### **The Armor of God: Belt of Truth**

#### **I. What is the Belt of Truth?**

- The belt is the first piece of the soldier's armor. It girds up his tunic to remove any hindrance during the battle. It anchors his other gear together. It is a sign of commitment. When he puts on his belt he is stating that he is ready for battle.
- You must put on the belt of truth to be a strong Christian. The strength of the Lord is made available to us through the armor and the first and most critical piece that grounds us is the truth.
- Two debated positions regarding what the belt represents:
  - The truth of God's Word.
    - Scripture is true for all people, in all places, at all times, in all circumstances. It is absolute.
    - Anything contradicting Scripture is a lie from Satan.
    - Every part of the Christian faith is rooted in and stands today in truth.
  - The Christian attitude.
    - *Truth (aletheia)- being true and sincere in character and integrity.*
      - The life of the Christian matches the profession. They are not hypocrites.
- Which position is correct?
  - John Stott, "we do not need to choose between these alternatives."
  - A sincere attitude begins with a knowledge of the truth of God.
  - If you sincerely know the Truth, you will sincerely live the truth. In order to live the truth, you must know the Truth.
- Gird your loins of God's Word and live it sincerely that you may stand firm, not becoming entangled in the lies of Satan and falling before the enemy.

#### **II. How Do We Put on the Belt of Truth?**

- Very Simply...read the Bible. To know the truth we must read, study, meditate on, and apply the truth.
- We cannot defend our beliefs if we do not know what we believe.
- The believer who does not have a grasp of God's truth, who does not have convictions founded upon the truth of God's Word, they are going to stumble and fall.

War is inevitable. If you follow Christ, you will be attacked. Be strong in the Lord. Put on the full armor of God. Start with the belt of truth. Gird up your life with the truths of Scripture and live them sincerely that you may stand firm against the enemy.

## **Discussion Questions:**

- What is the significance of the belt in a soldier's armor?
- What are the two common views of what the belt of truth represents?
- Why is the truth so important in the Christian life?
- What dangers does the Christian face in spiritual warfare by holding loosely to the truth?
- What common lies are being expressed today that contradict the truth? How do you see these are attacks from the enemy?

## **Application:**

- Are there areas of your life where you feel that you are engaged in spiritual warfare?
- How are you tempted to trust in your own strength?
- What steps can you take to put on the belt of truth this week?
- What specific truths about God, about yourself, or about the gospel do you need to grasp and remember right now?
- What do you need in order to put on the belt of truth? More quiet time in study? More study resources? Teaching/Preaching? Accountability? What do you need to do in order to gain these resources that you may be better equipped to stand firm?

